## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden 0.5 hours per response

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner							
(Last) 1050 17	ust) (First) (Middle) 50 17TH STREET, SUITE 500				3. Date of Earliest Transaction (Month/Day/Year) 08/05/2011								Officer (give title below)  Executive Vice			Other (specify below)					
(Street) DENVE	R C	0	80265				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting						
(City)	(S	State)	(Zip)										Person								
		Та	ble I - No	n-De	rivati	ve S	ecuritie	s Ac	quired	, Dis	posed c	of, or Be	neficiall	y Owned							
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr. r)					5. Amount of Securities Beneficially Owned Foll Reported	Forr y (D)		ership Direct ndirect tr. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	Transaction (Instr. 3 and				(Instr. 4)			
Common	Stock													116,886			D				
Common Stock													32,190.7352 <sup>(1)</sup>		I		Employee Investment Plan	- 1			
			Table II								osed of			Owned							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	Code (Instr.   Securities   (Month/Day/Year)		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)  8. Price of deriva Security Security Owned Follow Repor		tive Owners ties Form: cially Direct (I) d or Indiring (I) (Instri		Benefic O) Owner ect (Instr.	rect cial ship						
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		Transa (Instr. 4						
Phantom Stock Units	\$0.00	08/05/2011			A		92.0805		(2)		(2)	Phantom Stock Units	92.0805	\$37.36	18,769.0518		0518 D				
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	14,078		14,078		D				
Stock Option	\$39.07								(4)		02/25/2018	Common Stock	27,611		27,	611	D				
Stock Option	\$9.19								08/11/20	03	02/11/2013	Common Stock	17,910		17,910		D				
Stock Option	\$23.98								(5)		03/05/2016	Common Stock	80,000		80,	80,000					
Stock Option	\$27.55								(6)	T	03/05/2017	Common Stock	30,000		30,	D,000 D			-		

## **Explanation of Responses:**

- 1. As of August 8, 2011, I have 32,190.7352 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 4. The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments which began on March 5, 2010, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

#### Remarks:

Abigail L. Jones, Attorney in **Fact** 

\*\* Signature of Reporting Person

08/09/2011

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.