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 \Box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject t	0
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
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1. Name and Address of Reporting Person [*] <u>Torgerson Jim E</u>							Name ar RESOU				Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner								
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500							f Earliest 015	Tran	saction ((Montl	n/Day/Year)		X Officer (give title Other (specify below) below) Executive VP Operations								
(Street) DENVER CO 80265						Ame	ndment,	Date	of Origin	ial File	ed (Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting								
(City) (State) (Zip)													Person								
		Tal	ble I - N	on-Deriv	vative	e Se	curitie	s Ac	quire	d, Di	sposed o	of, or Be	nefic	ially	/ Owned						
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities A Disposed Of (5)						у	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) or (D) Pric			Transaction(s) (Instr. 3 and 4)				(1150.4)			
Common	Stock			03/05/	2015				D		5,123(1)	D	\$21.	.68	139,5	77		D			
Common	Common Stock												14,327.0161		0161 I		Employee Investment Plan				
				(e.g.,	puts,		s, warr	ants	s, opti	ons,	posed of, convertil	ble secu	irities	s) 							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Executio if any (Month/E	on Date,	4. Transad Code (li 8)				6. Date Exerc Expiration D (Month/Day/N		ate	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Benefici Ownersl ct (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis			Title	Amou or Numb of Share	oer							
Phantom Stock Units	\$0.00	03/06/2015			А		5.7669		(2)		(2)	Phantom Stock Units	5.76	69	\$21.16	6,107.1248		6,107.1248		D	
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	73,6	49		73,649		73,649		D	
Stock Option	\$19.37								10/28/2	2011	10/28/2015	Common Stock	75,0	00		75,000		75,000		D	
Stock Option	\$23.98								03/05/2	2012	03/05/2016	Common Stock	10,0	00		10,000		10,000		D	
Stock Option	\$27.55								03/05/2	2013	03/05/2017	Common Stock	16,0	00		16,000		16,000		D	
Stock Option	\$39.07								03/05/2	2014	02/25/2018	Common Stock	12,5	51	12,551		551	D			
Stock Option	\$30.9								03/05/2	2015	02/13/2019	Common Stock	, 20,1,			26,126		D			
Stock Option	\$30.12								(4)		02/13/2020	Common Stock	28,2	_	+		286	D			
Stock Option	\$27.98								(5)		09/03/2020	Common Stock	5,09	5,090 5,090		90	D				
Stock Option	\$31.74								(6)		02/13/2021	02/13/2021 Common Stock 2		65		29,0)65	D			
Stock Option	\$21.69								(7)		02/12/2022	Common Stock 52		94		52,494		D			

Explanation of Responses:

1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.

2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.

3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.

4. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

5. These options vest annually in three installments beginning on September 5, 2014.

6. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement. 7. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

<u>/s/ Abigail L. Jones, Attorney</u> <u>in Fact</u> <u>03/09/2015</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.