FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

							55() (iivesiiieii			0. 20.0								
1. Name and Address of Reporting Person* TRICE DAVID A						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable)					
THOU DITY ID II					<u> </u>									_		or r (give title		10% Ov Other (s		
(Last)	Last) (First) (Middle)							3. Date of Earliest Transaction (Month/Day/Year) 12/07/2011)		below)	эреспу	
1050 17TH STREET, SUITE 500																				
,	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Ind	6. Individual or Joint/Group Filing (Check Applicable									
(Street)			00005											X	Form	filed by One	e Rep	orting Perso	n	
DENVE	R CO	J	80265													re tha	n One Repo	rting		
(City)	(Si	tate)	(Zip)												Perso	n				
		Tab	le I - Non	-Deriv	ative	Sec	curities	s Acc	quired, I	Disp	osed o	of, or B	enef	icially	Owne	d				
Date				Date	h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			A) or , 4 and	Securit Benefic Owned	urities eficially ed Following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code V		Amount	(A) (D)	A) or Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)			
Common Stock															7,500			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1 Tid f	•	0. T	· ·			Calls	-		6. Date Exe	_					Duine of	l	-4	10	44 Notices	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	Date,	4. Fransaction Code (Instr. 3)		of		o. Date Exe Expiration (Month/Day	Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4)		5	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisable		opiration	Title	Amo or Nun of Sha							
Phantom Stock Units	\$0.00	12/07/2011			A		1.726		(1)	T	(1)	Phantom Stock Units	1.7	⁷ 26	\$32.48	2,804.74	82	D		

Explanation of Responses:

1. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.

Remarks:

Abigail L. Jones, Attorney in Fact

12/09/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.