FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSH	P

OMB APPROVAL 3235-0287 Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Doleshek Richard J</u>						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (chica title 1997)					Owner		
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 03/05/2012								X Officer (give title Other (specify below) EVP, CFO & TR							
(Street) DENVER CO 80265				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting								
(City)	ity) (State) (Zip)															Person					
1 Title of	Socurity (Inc		ble I - No				ecuri			uired 3.	, Dis	•	d of, or			Owned 5. Amount	of	6. Own	ershin	7. Nature of	
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					ear)	Execution Date, if any (Month/Day/Year)		₃,	Transact Code (In:		on Disposed Of (D) (Instr. 3, 4 a			and 5) Securities Beneficiall Owned Fol		Form: I (D) or I (I) (Inst	Direct ndirect	Indirect Beneficial Ownership (Instr. 4)			
										Code	v	Amoun	t (A)	or Pr	Reported Transaction(s) (Instr. 3 and 4)				(instr. 4)		
Common Stock 03/05/				5/201	2012				F		3,378(1)		D \$	32.22	151,792		I	D			
Common Stock														881.148 ⁽²⁾		I In		Employee Investmer Plan	- 1		
			Table II							,			of, or B		•	Owned					
1. Title of Derivative Security (Instr. 3)	e of 2. 3. Transaction 3A. Deemed Execution Date (Month/Day/Year) if any		d Date,	4. Pate, Transac		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount Securities Underlyin Derivative Security (Instr. 3 and 4)		nt of	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersl Form: Direct (I or Indire (I) (Instr.	Benefic Owners ct (Instr. 4	rect cial ship		
					Code	v	(A)		Date Exer	e rcisable	Exp Dat	oiration e	Title	Amour Numbe Shares	er of						
Phantom Stock Units	\$0.00									(3)		(3)	Phantom Stock Units	6,914	.0226		6,914	.0226	D		
Phantom Stock Units	\$0.00									(4)		(4)	Phantom Stock Units	37,	359		37,3	359	D		
Stock Option	\$39.07									(5)	02/2	25/2018	Common Stock	30,	958		30,9	958	D		
Stock Option	\$30.9									(6)	02/	13/2019	Common Stock	43,	542		43,5	3,542 D			
Stock Option	\$22.95									(7)	05/0	07/2016	Common Stock)		100,	,000	D		
Stock Option	\$27.55									(8)	03/	05/2017	Common Stock)		30,0	000	D		

Explanation of Responses:

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. As of March 5, 2012, I have 881.1480 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 4. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 5. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests on May 7, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 8. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in 03/07/2012 Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.