FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENT OF CHANCES IN

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person* Fiala Margo D						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle) 1050 17TH STREET SUITE 800					0	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2016								X	below)		VP	below)	
(Street) DENVER CO			80265	4.	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person													n	
(City) (State) (Zip)			(Zip)	p)															
		Ta	able I - No	on-De	rivati	ive S	ecuri	ities Ac	quired	, Di	spose	d of, or	Benefic	cially	Owned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/					ear) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a					Forn y (D) o		Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amoun	t (A)		Price Transactio					msu. 4)	
Common Stock				03/07/2016		16			F		2,70	7 ⁽¹⁾) \$1	0.39	52,278		D		
Common Stock															1,154.559		I		Employee Investment Plan
			Table II									of, or B			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date,	4. Transa Code (8)		of E		Date Exercisabl xpiration Date Month/Day/Year)			Securities Derivative	. Title and Amount of ecurities Underlying erivative Security nstr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)
					Code	v	(A)		ate cercisable		piration te	Title	Amount Number Shares						
Phantom Stock Units	\$0.00								(2)		(2)	Phantom Stock Units	3,551.	7452		3,565.563		D	
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	28,3	60		28,360		D	
Stock Option	\$30.9							0:	3/05/2015	02/	13/2019	Common Stock	8,70)9		8,709		D	
Stock Option	\$30.12							0.	3/05/2016	02/	13/2020	Common Stock	9,79	92		9,7	9,792 D		
Stock Option	\$31.74								(4)	02/	/13/2021	Common Stock	8,62	29		8,629		D	
Stock Option	\$21.69								(5)	02/	/12/2022	Common Stock	15,5	84		15,584		D	
Stock Option	\$10.12								(6)	02/	16/2023	Common Stock	14,0	63		14,0)63	D	
Stock Option	\$39.07							0	3/05/2014	02/	25/2018	Common Stock	6,27	76		6,2	76	D	

Explanation of Responses:

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. These phantom stock units are associated with QEP's Cash Incentive Plan.
- 4. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

/s/Dane E. Allen, Attorney in Fact

03/09/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.