FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| STATEMENT | OF CHANGES | S IN BENEFICIAL | OWNERSHIP |
|------------------|------------|-----------------|------------------|

| OMB APPROVAL | | | | | | | |
|---------------------|-----------|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | |
| Estimated average b | ourden | | | | | | |
| hours per response. | 0.5 | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* SCOGGINS MYLES W | | | 2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | | | |
|--|--|--|--|---|---------------------|--|---|------------------|--|-------------------------------|---|---|--------------------|--|--|--------------------|-------------|--|
| SCOGGINS WITEES W | | | | | | | | | | | | X Directo | | 109 | | 10% Ov | /ner | |
| (Last) (First) (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) | | | | | | | | | officer (elow) | give title | | Other (s below) | pecify | |
| 1050 17TH STREET, SUITE 500 | | | | 05/50/ | | | | | | | | - 1 | | | | | | |
| | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable | | | | | | |
| (Street) | | | | | | | | | | | | Lii | , | | | _ | | |
| DENVE | R C | 0 | 80265 | | | | | | | | | | | | , | | ting Person | |
| | | | | | | | | | | | | Form filed by More than One Reporting Person | | | | | | |
| (City) | (S | State) | (Zip) | | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| Date | | | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | | and 5) Securities Beneficially Owned Follo | | ly | Form: (D) or | | 7. Nature of Indirect Beneficial Ownership | | | | |
| | | | | | | Code | v | Amount | (A) or (D) | Price | Tra | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | | |
| Common Stock | | | | | | | | | | | 7,700(1) | | 00(1) | | D | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | |
| | | | | e.g., p | iis, ca | iis, wai ia | ınıs, | option | 15, C | onvertib | ie secu | nues) | | | | | | |
| Derivative Conversion Date Exe Security or Exercise (Month/Day/Year) if ar | | 3A. Deemed Execution Dat if any (Month/Day/Ye | ion Date, Tran | | nsaction Derivative | | 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and A of Securities Underlying Derivative So (Instr. 3 and | | ties ig e Security | Deriv Secu curity (Inst | | | e s ally | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership ct (Instr. 4) | | | |
| | | | | | | 1 1 | | | | | Amoun | | | (Instr. 4) | (0, | | | |
| | | | | Cod | e V | (A) | | Date Exercisa | | Expiration Date | Title | or Number of Share | | | | | | |
| Phantom Stock Units | \$0.00 | 09/30/2013 | | A | | 947.996 ⁽²⁾ | | (3) | | (3) | Phantom Stock Units | 947.99 |)6 \$2 | 7.69 | 64,424.6 | 5594 | D | |

Explanation of Responses:

- 1. Some of these shares are held in a joint account with my spouse.
- 2. These phantom stock units were awarded to me as partial compensation for my services as a director, and were granted under the terms of QEP's Long-term Stock Incentive Plan. The units are restricted and vest one year from the date of grant, but I will not recognize the taxable value of the units until after my retirement as a voting director.
- 3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.

Remarks:

/s/ Abigail L. Jones, Attorney in 10/02/2013

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.