FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287

0.5

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hours per response:

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

RATTIE KEITH O QEP RESOURCES, INC. [QEP] (Check all applicable) X Director 10% Own (Last) (First) (Middle) 0.913/2010 Index of Original Filed (Month/Day/Year) S. Date of Earliest Transaction (Month/Day/Year) S. Individual or Joint/Group Filing (Check Applicable) V Officer (give title below) S. Month/Day/Year) X Form filed by One Reporting Person Form filed by One Reporting Person S. Monthor filed by One Reporting Pers						01.36		nivestine		npany Aci	01 1940								
Initial Contraction An end of earliest transaction (Month/Day/Year) X Director 10% Own (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applic Line) Other (spe below) (Street) DENVER CO 80265 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applic Line) X Form filed by More than One Reporting Person Form filed by More than One Reporting Person (City) (State) (Zip) 2. Transaction Month/Day/Year) 3. Deemed Exerction Date of Original Filed (Instr. 3, 4 and 5) 5. Amount of (0) (Instr. 4) and 5) 6. Ownership Reporting Person Form filed by More than One Reporting Person Form filed (Instr. 4) and 5) 6. Ownership Reported (I) (Instr. 4) and 5) 6. Ownership Reported (I) (Instr. 4) 6. Ownership Reported (I) (Instr. 4) 7. Instaction Date of Date Date of Date of Date of Date of Date of Date Date of																			
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				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Phantom Stock Units	\$29.77	09/13/2010		A		119.8773		(2)	(2)	Phantom Stock Units	119.8773	\$29.77	48,194.8447	D	
Restricted Stock Unit	\$29.77	09/13/2010		A		22.922		(3)	(3)	Common Stock	22.922	\$29.77	34,141.922	D	
Stock Option	\$9.29							08/01/2001	02/01/2011	Common Stock	85,416		85,416	D	
Stock Option	\$9.49							08/13/2001	02/13/2011	Common Stock	200,000		200,000	D	
Stock Option	\$7.78							08/11/2002	02/11/2012	Common Stock	271,286		271,286	D	
Stock Option	\$9.19							08/11/2003	02/11/2013	Common Stock	300,000		300,000	D	
Stock Option	\$23.98							06/30/2010	03/05/2016	Common Stock	147,174		147,174 ⁽⁴⁾	D	
Stock Option	\$27.84							06/30/2010	02/13/2015	Common Stock	80,000		80,000 ⁽⁴⁾	D	
Stock Option	\$36.48							06/30/2010	02/12/2016	Common Stock	30,000		30,000 ⁽⁴⁾	D	
Stock Option	\$26.14							06/30/2010	10/24/2012	Common Stock	200,000		200,000 ⁽⁴⁾	D	
Stock Option	\$27.55							06/30/2010	03/05/2017	Common Stock	125,000		125,000 ⁽⁴⁾	D	
Explanatio	n of Respons	ses:													

Explanation of Responses:

1. I have 1.5981 equivalent shares of stock in QEP's Employee Investment Plan and 2,542 in and IRA.

2. Vested shares of phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.

3. The restricted stock units vest in three equal annual installments beginning on July 1, 2011, subject to accelerated vesting upon the occurence of certain events as set forth in the award agreement.

4. The options vested pursuant to the separation agreement with the company dated 06/14/2010.

Remarks:

<u>Abigail L. Jones, Attorney in</u> <u>Fact</u> <u>0</u>

09/15/2010

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.