FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	washington, D.C. 20049	
STATEMENT	OF CHANGES IN BENEFICIAL	OWNERSHIP

	OMB APPROVAL							
	OMB Number:	3235-028						
ı	Estimated average bur	den						

0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Section 16.	pox if no longer subject to Form 4 or Form 5 may continue. See
-------------	--

1. Name and Address of Reporting Person* Richards Perry H (Last) (First) (Middle) 1050 17TH STREET, SUITE 500 (Street) DENVER CO 80265 (City) (State) (Zip)					2. I Q	2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP] 3. Date of Earliest Transaction (Month/Day/Year) 12/07/2011 4. If Amendment, Date of Original Filed (Month/Day/Year)							(Ct	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director						
		Tah	le I - No	n-Deri	vativ	۵ ۵ ۵	curitios		auired	Die	nosed o	of or Rei	neficial	ly Owned					\dashv	
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				action	2A. Deeme		d Date,	3. Transactio Code (Inst		4. Securitie	1. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common	Stock													31,744 D					\dashv	
Common Stock					ative	tive Securities Acquir			uired [Dien	posed of	or Bene	ficially	4,403.0145 ⁽¹⁾		I Inv		Employee Investmer Plan		
			iabie II -								convertil			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code (8)		5. Numb of Derivati Securiti Acquire (A) or Dispose of (D) (II 3, 4 and	ve es ed ed nstr.	6. Date E Expiratio (Month/D	n Dat		7. Title and of Securiti Underlying Derivative (Instr. 3 and	ies g Security	8. Price of Derivative Security (Instr. 5)	ive derivative Securities		tive ties Ownership Form: cially I Direct (D) or Indirect (I) (Instr. 4)		Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares							
Phantom Stock Units	\$0.00	12/07/2011			A		1.8867		(2)		(2)	Phantom Stock Units	1.8867	\$32.48	3,047	.1134	D			
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	4,778		4,778		I,778 D			
Stock Option	\$39.07								(4)		02/25/2018	Common Stock	9,371		9,371		,371 D			
Stock Option	\$9.19								08/11/20	03	02/11/2013	Common Stock	0		3,000		000 D			
Stock Option	\$23.98								(5)		03/05/2016	Common Stock	0		25,000		5,000 D			
Stock Option	\$27.55								(6)		03/05/2017	Common Stock	0		15,0	000	D			

Explanation of Responses:

- 1. As of December 7, 2011, I have 4,403.0145 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 4. The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments which began on March 5, 2010, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in Fact 12/09/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.