SEC Form 4	
FORM 4	

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287

OMB NUMber:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Section obligation	this box if no lo 16. Form 4 or ons may contir ion 1(b).		STATE	Filed p	ursuan	t to Section	n 16(a	a) of the Sect	urities Excha	inge Act of 1		HP	OMB N Estimat hours p	ted ave	rage burden	0.5
1. Name and Address of Reporting Person [*] Shafer-Malicki Mary					2. Issuer Name and Ticker or Trading Symbol <u>QEP RESOURCES, INC.</u> [QEP]							-	ıble)	Persor	10% Ow	ner
(Last) 1050 17T SUITE 8	TH STREE	irst) Γ	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/20/2020							Officer (below)	give title		Other (sp below)	Decity
(Street)		0	80265	4	. If Ame	endment, [Date o	of Original Fil	ed (Month/D	ay/Year)	6. Ind Line)		ed by One F	Report		
(City)																
1. Title of Security (Instr. 3) Date (Month/E			е	Day/Year) Execution Date,		Execution Date, Transactio		Transaction Disposed Of (D) (Instr. 3, 4 Code (Instr.		ed (A) or str. 3, 4 and 5	or 5. Amount 4 and 5) Securities Beneficiall Owned Fol Reported		Form:	Direct Ir Indirect B tr. 4) C	7. Nature of ndirect Beneficial Ownership (Instr. 4)	
			Code V Amount (A) or (D) Price						Transaction(s) (Instr. 3 and 4)							
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) ce of ivative	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)				6. Date Exer Expiration D (Month/Day/	ate	of Securities		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	ive ies cially ing ed	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Phantom Stock Units	\$0.00	03/20/2020		A		6,617.19		(1)	(1)	Common Stock	6,617.19	\$0.41	142,269.5	564	D	

Explanation of Responses:

1. Phantom stock units will be payable in cash or shares on the date of, or at a designated anniversary date following, the first to occur of the reporting person's, (i) distribution election date which is not earlier than two years from the plan year, (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Plan for Directors.

Remarks:

/s/ J. Erik Norris, Attorney in Fact

03/24/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.