FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Woosley Christopher K						2. Issuer Name <b>and</b> Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner				
(Last) (First) (Middle) 1050 17TH STREET SUITE 800						3. Date of Earliest Transaction (Month/Day/Year) 02/16/2016								X Officer (give title Other (specify below)  VP and General Counsel				
(Street)				4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
DENVE	DENVER CO 80265													X Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
(City)	(S	State)	(Zip)															
			ole I - No			_			<del>-</del>	, Dis	-			ally Owned				
1. Title of Security (Instr. 3)  2. Transar Date (Month/Da				ay/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a 5)			Beneficial Owned Fo	ly	Form: y (D) or		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	on(s) nd 4)			(Instr. 4)
Common	Stock			02/16/	2016				A		38,019	A	\$10.1	12 93,5	543	1	D	
Common Stock												1,345	1,345.808		I	Employee Investment Plan		
			Table II	Davissa	tivo	Caa		A	· .			D	<i>c</i> · · ·					
1			iabie ii								osed of, convertil							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	(e.g., p		call	5. Numl	ber ive ies ed ed nstr.	, optio	ns, Exerci	convertil		d Amouries g Securit	8. Price of Derivative Security	9. Numl derivati Securiti Benefic Owned Followi Reporte Transac (Instr. 4	ive ies cially ing ed ction(s)	10. Owners Form: Direct (I or Indire (I) (Instr.	Beneficial Ownership ect (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	3A. Deem Execution if any	(e.g., p	outs, 4. Transa Code (I	call	5. Numl of Derivati Securiti Acquire (A) or Dispose of (D) (I	ber ive ies ed ed nstr.	6. Date E	Exercion Day/Ye	convertil	7. Title an of Securit Underlyin Derivative	d Amouries g Securit	8. Price of Derivative Security (Instr. 5)	derivati Securiti Benefic Owned Followi Reporte Transac	ive ies cially ing ed ction(s)	Owners Form: Direct (E or Indire	hip of Indirect Beneficial Ownership ect (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	3A. Deem Execution if any	(e.g., p	Juts, 4. Transa Code (I B)	action Instr.	5. Numl of Derivati Securiti Acquire (A) or Disposi of (D) (I 3, 4 and	ber ive ies ed ed nstr.	6. Date E Expirati (Month/I	Exercion Day/Ye	convertil sable and te ear)	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	d Amouries ges Securitind 4)  Amour or Number of	8. Price of Derivative Security (Instr. 5)	derivati Securiti Benefic Owned Followi Reporte Transac	ive ies cially ing ed ction(s)	Owners Form: Direct (E or Indire	hip of Indirect Beneficial Ownership ect (Instr. 4)
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any	(e.g., p	A. TransacCode (IB)	action Instr.	5. Numl of Derivati Securiti Acquire (A) or Disposi of (D) (I) 3, 4 and	ber ive ies ed ed nstr.	o, optio  6. Date E Expiratio (Month/I)  Date Exercise	Exercion Day/Ye	convertil sable and te ear) Expiration Date	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	d Amouries g securitind 4)  Amour or Number of Shares	8. Price of Derivative Security (Instr. 5)	derivati Securit Benefic Owned Followi Reporte Transac (Instr. 4	ive ies cially ing ed ction(s)	Ownersi Form: Direct (I) or Indire (I) (Instr.	hip of Indirect Beneficial Ownership ect (Instr. 4)
Phantom Stock Units	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any	(e.g., p	A. Code	action Instr.	5. Numl of Derivati Securit Acquire (A) or Disposi of (D) (I 3, 4 and	ber ive ies ed ed nstr.	Date Exercisa	Exercion Day/Ye	sable and the ear)  Expiration Date	7. Title an of Securit Underlyin Derivative (Instr. 3 ar Title  Phantom Stock Units  Common	d Amouries general securities general securities general securities and 4)  Amour or Number of Shares 32,01	8. Price of Derivative Security (Instr. 5)	derivati Securit Benefic Owned Followi Reporte Transac (Instr. 4	ive ies cially ing ed ction(s) i)	Ownersi Form: Direct (I) or Indire (I) (Instr.	hip of Indirect Beneficial Ownership ect (Instr. 4)
Phantom Stock Units Stock Option	Conversion or Exercise Price of Derivative Security  \$0.00	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any	(e.g., p	A. Code	action Instr.	5. Numl of Derivati Securit Acquire (A) or Disposi of (D) (I 3, 4 and	ber ive ies ed ed nstr.	Date Exercise	Exercion Day/Ye	convertil sable and te ear)  Expiration Date  (1)  02/16/2023	7. Title an of Securit Underlyin Derivative (Instr. 3 ar Title  Phantom Stock Units  Common Stock  Common	Amour or Number of Shares 32,01	8. Price of Derivative Security (Instr. 5)	derivati Securit Benefic Owned Followi Reporte Transac (Instr. 4	ive lies cially ling ed ction(s) l)	Ownersi Form: Direct (i) or Indire (i) (instr.	hip of Indirect Beneficial Ownership ect (Instr. 4)
Phantom Stock Units Stock Option Stock	\$0.00 \$10.12	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any	(e.g., p	A. Code	action Instr.	5. Numl of Derivati Securit Acquire (A) or Disposi of (D) (I 3, 4 and	ber ive ies ed ed nstr.	Date Exercisa (1) (2) (3)	Exercion Day/Ye	Expiration Date (1) 02/16/2023 08/01/2019	Title  Phantom Stock Units  Common Stock Common Com	Amour or Number of Shares 32,01 26,64 9,892	8. Price of Derivative Security (Instr. 5)  at the error of the security (Instr. 5)  5. \$10.12	derivati Securit Benefic Owned Followi Reporte Transac (Instr. 4	ive idea idea idea idea idea idea idea ide	Direct (i) (instr.	hip of Indirect Beneficial Ownership ect (Instr. 4)

## **Explanation of Responses:**

- 1. These phantom units are associated with QEP's Cash Incentive Plan.
- 2. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 3. The option vests in three annual installments beginning on September 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

## Remarks:

/s/ Dane E. Allen, Attorney in Fact

02/18/2016

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY Christopher K. Woosley

With respect to holdings of and transactions in securities issued by QEP Resources, Inc. (the "Company"), the undersigned hereby constitutes and appoints Richard J. Doleshek and Dane E. Allen, or either of them signing singly, with full power of substitution and resubstitution, to act as the undersigned's true and lawful attorney-in-fact to:

- 1. prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the United States Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain and/or regenerate codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934, as amended, or any rule or regulation of the SEC;
- 2. execute for and on behalf of the undersigned, Forms 3, 4, and 5 in accordance with Section 16 of the Securities Exchange Act of 1934, as amended, and the rules thereunder;
- 3. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and
- 4. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-facts discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution and resubstitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorneys-in-fact substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted.

The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is any Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

Dated: January 13, 2016
/s/ Christopher K. Woosley

State of Colorado
)
ss.
City and County of Denver
)

Subscribed and sworn to before me this 13th day of January, 2016.

/s/ Kathlene D. Duncan Notary Public

My commission expires: 5/17/2019