FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHI

l	OMB APPRO)VAL
l	OMB Number:	3235-0287
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l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Torgerson Jim E (Last) (First) (Middle) 1050 17TH STREET, SUITE 500						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
						ate of 05/20		t Tran	saction (Month	n/Day/Year)		X Officer (give title Other (specify below) Executive VP Operations							
(Street) DENVE	Street) DENVER CO 80265				4. If Amendment, Date of Original Filed (Month/Day/Year) 09/09/2013								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(City) (State) (Zip)											Person									
		Tab	le I - N	on-Deri	vative	Sec	uritie	s Ac	quirec	l, Di	sposed o	of, or Be	nefici	ally	Owned	l				
1. Title of Security (Instr. 3)		2. Transa Date (Month/D		Exe if aı	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a 5)		(A) or 3, 4 and	d	5. Amount Securities Beneficial Owned Fo	ly	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	- 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock			09/05/2013		3			F		3,091(1)	D	\$28.	27	94,594 ⁽²⁾		D			
Common Stock													11,523.438			I	Employ Investm Plan	vestment		
		٦	Table II								oosed of converti				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (8)		tion of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		D S	. Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Benet Owne ot (Instr.	lirect ficial ership	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amour or Number of Shares	er						
Phantom Stock Units	\$0.00	09/06/2013			A		4.302		(3)		(3)	Phantom Stock Units	4.302	2	\$28.27	6,080.4	1538	D		
Phantom Stock Units	\$0.00								(4)		(4)	Phantom Stock Units	33,73	1		33,73	31	D		
Stock Option	\$19.37								10/28/20	011	10/28/2015	Common Stock	75,00	0		75,00	00	D		
Stock Option	\$23.98							Ш	03/05/20	012	03/05/2016	Common Stock	10,00	0		10,00	00	D	\perp	
Stock Option	\$27.55							Щ	03/05/20	013	03/05/2017	Common Stock	16,00	0		16,00	00	D	\bot	
Stock Option	\$39.07						_		(5)		02/25/2018	Common	12,55	1		12,55	51	D	\perp	
Stock Option	\$30.9							Щ	(6)	_	02/13/2019	Common Stock	26,12	6		26,12	26	D		
Stock	\$30.12	1	I				1	ıl	(7)		02/13/2020	Common	28.28	6 l		28,28	36 	D		

Explanation of Responses:

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. This number has been revised to correct my total share ownership. The new number does not indicate any recent transaction in QEP shares.
- 3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible
- 4. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 5. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

in Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.