Instruction 1(b)

FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Fiala Margo D						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last) 1050 17			3. Date of Earliest Transaction (Month/Day/Year) 08/22/2013								Y Officer below)	(give title	Other (specibelow)							
(Street) DENVER CO 80265					4.	4. If Amendment, Date of Original Filed					l (Month/Da	Line			Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)											Person									
		Та	ble I - No	_					_	, Dis	_			1						
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye		Execution		Date,	3. Transa Code (					5. Amount Securities Beneficiall Owned Fol Reported	у	6. Own Form: I (D) or I (I) (Inst	Direct ndirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(111301. 4)			
Common	Stock													16,9	16	I	D			
Common Stock														587.362		I		Employee Investment Plan		
			Table II -								osed of converti			Owned		-				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	Code (I		Derivative Securities Acquired or Dispo of (D) (In	Derivative E		6. Date Exercisable Expiration Date (Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Owners Form: Direct (I or Indire (I) (Instr	hip of Indir Benefic O) Owners ect (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		(Instr. 4					
Phantom Stock Units	\$0.00	08/22/2013			A		24.2344		(1)		(1)	Phantom Stock Units	24.2344	\$28.19	692.	8414 D				
Phantom Stock Units	\$0.00								(2)		(2)	Phantom Stock Units	12,496		12,496		D			
Stock Option	\$30.9								(3)		02/13/2019	Common Stock	8,709		8,709		D			
Stock Option	\$30.12								(4)		02/13/2020	Common Stock	9,792		9,792 D					
Stock Option	\$39.07								(5)		02/25/2018	Common Stock	6,276		6,2	276	D			

## **Explanation of Responses:**

1. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.

- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

## Remarks:

/s/ Abigail L. Jones, Attorney in 08/23/2013 **Fact** 

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.