FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Woosley Christopher K			Date of Event Requiring Stater Month/Day/Yea .0/01/2012	nent	3. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]							
(Last) (First) (Middle) 1050 17TH STREET					Relationship of Reporting Perso (Check all applicable) Director	10% Owne	r (Mo	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)				
SUITE 500					X Officer (give title below)	Other (spe below)	7 0.111					
(Street)					VP and General C	Counsel	X	Form filed by	y One Reporting Person			
DENVER	CO	80265						Form filed by Reporting P	y More than One erson			
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect ((Instr. 5)	rect (D) (Instr. 5)		Beneficial Ownership			
Common Stock					11,037	D						
Common Stock					480.4267(1)	I E		Employee Investment Plan				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		d 3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)				
			Date Exercisable	Expiration Date	n Title	Amount or Number of Shares	Derivative Security	or Indirect (I) (Instr. 5)				
Phantom Stock Units		(2)	(2)	Phantom Stock Units	4,315	0.00	D					
Stock Option		(3)	08/01/2019	Common Stock	9,892	28.67	D					

${\bf Explanation\ of\ Responses:}$

- 1. As of October 1, 2012, I have 480.4267 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on September 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in Fact

10/02/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY REPORTS, SECURITIES TRANSACTIONS

I, Christopher K. Woosley, 1050 17th Street, Suite 500, Denver, Colorado, as an Officer of QEP Resources, Inc. (the "Company"), do hereby appoint Abigail L. Jones and Richard J. Doleshek, or each of them acting alone, my true and lawful attorney-in-fact to sign any Form 3, Form 4, Form 5, or Form 144 Reports that I am required to file with the Securities and Exchange Commission reporting transactions involving shares of the Company's common stock and derivative securities whose value is dependent on such shares, including option grants and phantom stock units allocated to my accounts under the terms of deferred compensation plans adopted by the Company and its subsidiaries.

I acknowledge that Ms. Jones and Mr. Doleshek are not assuming any responsibility that I have to comply with federal securities laws, including compliance with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect with respect to my holdings of any transactions of securities issued by the Company as long as I am required to make reports of my transactions, unless I revoke it with a signed writing prior to such date.