Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								

0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Doleshek Richard J						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) below)					
(Last) 1050 177 SUITE 8	TH STREE	First) Γ	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 03/01/2018										below) SEVP, CI				
(Street)	R C	CO 80265				1. If Am	nendment,	Date	of O	riginal F	Filed	(Month/D	- 1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	?)	State)	(Zip)																		
		7	able I - No	n-De	riva	tive S	Securiti	es A	cqu	uired,	Dis	posed	of, or B	ene	ficially	Owned					
1. Title of Security (Instr. 3)			2. Transact Date (Month/Day			2A. Deemed Execution Date if any (Month/Day/Yea		e,	Code (li			rities Acquired (A) o ed Of (D) (Instr. 3, 4 a			5. Amount of Securities Beneficially Owned Follo	F	6. Owner Form: D (D) or Ir (I) (Insti	Direct Indirect B	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	(A) (D)	or	Price	Reported Transaction (Instr. 3 and	"	(Instr. 4)			
Common	Stock			03/0	01/20	018				A		123,5	561 A	4	\$9.55	469,1	00	I)		
Common	Stock															3,930.	3,930.08 I Emj Inve				
			Table II -										of, or Be tible sec			wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	0		action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration D (Month/Day/		Date		7. Title and Amoun Securities Underly Derivative Security (Instr. 3 and 4)		erlying	ing Derivative		ber of ive ies ially ng	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exe	e rcisable		piration ate	Title		ount or ober of res		Transaction(s) (Instr. 4)				
Phantom Stock Units	\$0.00	03/01/2018			A		123,561			(1)		(1)	Phantom Stock Units	12	23,561	\$9.55	297,	.996	D		
Phantom Stock Units	\$0.00									(2)		(2)	Phantom Stock Units	7,1	47.0387		7,147	.0387	D		
Stock Option	\$30.9								03/0	05/2015	02	2/13/2019	Common Stock	4	3,542		43,5	542	D		
Stock Option	\$30.12								03/0	05/2016	02	2/13/2020	Common Stock	4	8,956		48,9	956	D		
Stock Option	\$31.74								03/0	05/2017	02	2/13/2021	Common Stock	4	2,871		42,8	371	D		
Stock Option	\$21.69									(3)	02	2/12/2022	Common Stock	6	1,943		61,9	61,943 г			
Stock Option	\$10.12									(4)	02	2/16/2023	Common Stock	6	9,869		69,8	869	D		
Stock	\$16.98									(5)	02	2/13/2024	Common	6	5,739		65,7	739	D		

Explanation of Responses:

- 1. These phantom units are associated with QEP's Cash Incentive Plan.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2018, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement

Remarks:

/s/ Dane E. Allen, Attorney in ** Signature of Reporting Person

03/05/2018

Fact

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.