FORM 4

obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washing	iton,	D.C.	20549
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Check this box if no longer subject to	STATEMEN
Section 16. Form 4 or Form 5	
abligations may continue Con	

T OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of ek Richa	Reporting Person [*]					er Name a									elationship of ck all applica Director	ıble)	ng Perso	on(s) to Issu 10% Ov	
(Last) 1050 17	`	First) T, SUITE 500		3. Date of Earliest Transaction (Month/Day/Year) 02/13/2012								X Officer (give title Other (specify below) EVP, CFO & TR								
(Street) DENVE (City)	ER CO 80265 (State) (Zip)				[4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(Oity)	(0		able I - No	n-De	rivat	ive S	Securiti	ies /	LO	uired	Dis	nosed	of or F	Senefic	ially	Owned				
1. Title of Security (Instr. 3)			2. Trai	2. Transaction		n 2A. Deemed Execution Date,		te,	3. 4. Securit Transaction Code (Instr.		rities Acquired (A) or ed Of (D) (Instr. 3, 4 and		r	5. Amount of Securities Beneficially Owned Foll	,	6. Owner Form: E (D) or li (I) (Inst	Direct Indirect Br. 4)	7. Nature of Indirect Beneficial Ownership		
								ĺ	Code	v	Amount	t (A)	or Prio	e	Reported Transaction (Instr. 3 and	า(s) d 4)		(11	nstr. 4)	
Common	Stock			02/	13/20	12				A		21,5	75 <i>A</i>	A \$3	30.9	155,170		I)	
Common	Stock														658.254(1)			I Employee Investment Plan		
			Table II							,			of, or Be		•	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/)	ate,	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exp	iration D	te Exercisabl ration Date th/Day/Year)		7. Title an Securities Derivative (Instr. 3 and	Underlyi Security	ing	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	ive ies sially ng ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e rcisable		piration te	Title	Amount Number Shares						
Phantom Stock Units	\$0.00	02/13/2012			A		21,575			(2)		(2)	Phantom Stock Units	21,5	575	\$30.9	37,:	359	D	
Stock Option	\$30.9	02/13/2012			A		43,542			(3)	02/	13/2019	Common Stock	43,5	542	\$30.9	43,	542	D	
Phantom Stock Units	\$0.00									(4)		(4)	Phantom Stock Units	6,914.	0226		6,914	.0226	D	
Stock Option	\$39.07									(5)	02/	25/2018	Common Stock	30,9)58		30,	958	D	
Stock Option	\$22.95									(6)	05/	07/2016	Common Stock	0			100,	,000	D	
Stock Option	\$27.55									(7)	03/	05/2017	Common Stock	0			30,	000	D	

Explanation of Responses:

- 1. As of February 13, 2012, I have 658.2540 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 5. The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests on May 7, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in Fact

02/15/2012

** Signature of Reporting Person

Date

- Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.