FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washing	iton, D	.C. 20	549
•••••	10, -		0.0

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of <u>[argo D</u>	Reporting Person*					r Name ar RESOU							Relationship leck all appli Directo	cable)	ting Pers	()	Ssuer Owner	
(Last) 1050 17	`	irst) Γ, SUITE 500	(Middle)				of Earliest 2012	Trans	action (N	/lonth/	/Day/Year)			X Officer below)	(give titl				
(Street) DENVE	R C	0	80265		4.1	f Am	endment, I	Date o	of Origina	l Filed	d (Month/Da	ay/Year)	Line	X Form f	iled by C	ne Repo	g (Check orting Per	son	
(City)	(S	tate)	(Zip)											Persor				9	
		Tab	le I - No	n-Deri	vativ	e Se	ecurities	s Ac	quired	, Dis	sposed o	f, or Be	neficial	ly Owned	l				
1. Title of	Security (Ins	tr. 3)		2. Trans Date (Month/I	Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)				I (A) or : 3, 4 and	5. Amount Securities Beneficial Owned Fo Reported	Form (D) o		ership Direct ndirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Transactio (Instr. 3 an	on(s) id 4)			,	
Common	Stock													13,4	21]	D		
Common	Stock													306.54	306.5431(1)		I	Employee Investment Plan	
		-	Table II -								osed of, converti			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		ive ies ed ed nstr.	6. Date Exercis Expiration Date (Month/Day/Ye		te of Securities Underlying Derivative Sec (Instr. 3 and 4)		es g Security	8. Price of Derivative Security (Instr. 5)	9. Numi derivati Securit Benefic Owned Followi Reporte Transac (Instr. 4	ive ies cially ng ed ction(s)	10. Ownersl Form: Direct (E or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Phantom Stock Units	\$0.00	04/09/2012			A		5.6817		(2)		(2)	Phantom Stock Units	5.6817	\$29.15	243.5	389 ⁽³⁾	D		
Phantom Stock Units	\$0.00								(4)		(4)	Phantom Stock Units	7,515		7,5	515	D		
Stock Option	\$30.9								(5)		02/13/2019	Common Stock	8,709		8,7	709	D		
Stock Option	\$39.07								(6)		02/25/2018	Common Stock	6,276		6,2	276	D		

Explanation of Responses:

- 1. As of April 9, 2012, I have 306.5431 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. This number reflects an adjustment to the total number of phantom shares. This adjustment was made to correct an error in the method by which these totals are calculated.
- 4. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in **Fact** ** Signature of Reporting Person

04/11/2012

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.