FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-028							

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Doleshek Richard J</u>					2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								(Check	all applicable Director	e)	g Person(s) to Issuer 10% Owner		ner	
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500				3. Date of Earliest Transaction (Month/Day/Year) 01/03/2012								X Officer (give title Other (specify below) EVP, CFO & TR							
(Street) DENVE	R (CO		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person								
(City)	(:	State)	(Zip)										Form filed by More than One Reporting Person						
			Table I - Non					•	Dis								[-		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Execution r) if any	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(A) (D)	or Pr	ice	Transaction((Instr. 3 and			0	nstr. 4)		
Common	Common Stock													133,595		D			
Common Stock													596.282	3 ⁽¹⁾	I		mployee nvestment lan		
						Securities <i>i</i>			•				-	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisabl Expiration Date (Month/Day/Year)		е	e and 7. Title and Amo Securities Unde Derivative Secu (Instr. 3 and 4)		lying	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin	ve es ially	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amor Numl Share			Reported Transaction(s) (Instr. 4)				
Phantom Stock Units	\$0.00	01/03/2012		J		1,164.1152 ⁽²⁾		(3)		(3)	Phantom Stock Units	1,16	4.1152	\$30.57	6,831.	.725	D		
Phantom Stock Units	\$0.00							(4)		(4)	Phantom Stock Units	15	5,784		15,7	784	D		
Stock Option	\$39.07							(5)		02/25/2018	Common Stock	30),958		30,9	958	D		
Stock Option	\$22.95							(6)		05/07/2016	Common Stock		0		100,0	000	D		
Stock Option	\$27.55							(7)		03/05/2017	Common		0		30,0	000	D		

Explanation of Responses:

- 1. As of January 4, 2012, I have 596.2823 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. On January 3, 2012, the portion of my account balance in the QEP deferred compensation plan (the Plan) which was deemed invested in phantom stock units of Questar Corporation was reallocated to QEP phantom stock units pursuant to the terms of the Plan.
- 3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 4. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 5. The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests on May 7, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in **Fact**

01/05/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.