FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to |
|--|
| Section 16. Form 4 or Form 5 |
| obligations may continue. See |
| Instruction 1(b). |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden 0.5 hours per response

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* $\underline{Neese\ Jay\ B}$ | | | | | | 2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
|--|---|--|-----------------------------------|-------|---|--|---|--------|---|---------|--|------------------------------------|--|--|--|---|--|------------------------------------|--|
| (Last) (First) (Middle) 1050 17TH STREET, SUITE 500 | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/22/2012 | | | | | | | | X Officer (give title Other (specify below) Executive Vice President | | | | | |
| (Street) DENVER CO 80265 | | | | | 4. | If Am | endment, [| Date o | f Origina | l Filed | l (Month/Da | Line | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (S | State) | (Zip) | n Dor | ivoti | S. | o o uritio | . ^ ^ | auirad | Dir | nood o | f or Bo | noficial | v Owned | | | | | |
| Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da | | | | | sactior | n i | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. 4. Securit Transaction Code (Instr. 5) | | ies Acquired (A) or Of (D) (Instr. 3, 4 and | | 5. Amount of Securities Beneficially Owned Following Reported | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | Code | v | Amount | (A) or (D) | Price | Transaction (Instr. 3 and | | | | (.11001 4) | |
| Common Stock | | | | | | | | | | | | | | 126,808 | |] | D | | |
| Common Stock | | | | | | | | | | | | | 30,651.8486(1) | | | I | Employee Investment Plan | | |
| | | | Table II | | | | | | | | osed of, | | | Owned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any | | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative | | 6. Date Exercisabl Expiration Date (Month/Day/Year) | | sable and | able and 7. Title and of Securitie | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported | | 10. Ownersl Form: Direct (D or Indire (I) (Instr. | Beneficial Ownership ct (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercisa | | Expiration Date | Title | Amount or Number of Shares | | Transaction(s) (Instr. 4) | | | | |
| Phantom Stock Units | \$0.00 | 08/22/2012 | | | A | | 30.3909 | | (2) | | (2) | Phantom Stock Units | 30.3909 | \$28.01 | 20,971.691 | | D | | |
| Phantom Stock Units | \$0.00 | | | | | | | | (3) | | (3) | Phantom Stock Units | 33,496 | | 33,496 | | D | | |
| Stock Option | \$39.07 | | | | | | | | (4) | | 02/25/2018 | Common Stock | 27,611 | | 27,611 | | D | | |
| Stock Option | \$30.9 | | | | | | | | (5) | | 02/13/2019 | Common Stock | 39,188 | | 39,188 | | D | | |
| Stock Option | \$9.19 | | | | | | | | 08/11/20 | 003 | 02/11/2013 | Common Stock | 17,910 | | 17,910 | | D | | |
| Stock Option | \$23.98 | | | | | | | | 03/05/20 | 12 | 03/05/2016 | Common Stock | 80,000 | | 80,000 | | D | | |
| Stock Option | \$27.55 | | | | | | | | (6) | | 03/05/2017 | Common | 30,000 | | 30,000 | | D | | |

Explanation of Responses:

- 1. As of August 22, 2012, I have 30,651.8486 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 4. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in **Fact**

** Signature of Reporting Person

08/24/2012

Date

- Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.