FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

|   | OMB APPRO              | VAL       |  |  |  |  |
|---|------------------------|-----------|--|--|--|--|
|   | OMB Number:            | 3235-0287 |  |  |  |  |
|   | Estimated average burd | en        |  |  |  |  |
| l | hours per response:    | 0.5       |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Doleshek Richard J</u> |   |       |          |         |                                      |  | 2. Issuer Name <b>and</b> Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ] |         |   |         |  |   |      |                                  |  | all appli<br>Directo     | icable)   | g Person(s) to I<br>10% (   |  |
|--|---|-------|----------|---------|--------------------------------------|--|--|---------|---|---------|--|---|------|----------------------------------|--|--------------------------|---|---|--|
| (Last) (First) (Middle) 1050 17TH STREET SUITE 800                 |   |       |          |         |                                      |  | 3. Date of Earliest Transaction (Month/Day/Year) 12/26/2019                    |         |   |         |  |   |      |                                  |  | below)                   | ) ``  | below<br>, CFO  |  |
| (Street) DENVER CO 80265 (City) (State) (Zip)                      |   |       |          |         | 4. If                                | 4. If Amendment, Date of Original Filed (Month/Day/Year) |  |         |   |         |  |   |      |                                  | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person |                          |   |   |  |
|  |   | Tabl  | e I - No | n-Deriv | ative                                | Sec  | uritie   | s Acc   | quired  | , Dis   | posed o  | f, or   | Bene | eficia                           | lly O  | wne                      | d   |   |  |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Day)      |   |       |          |         |                                      | Execution Dat  |  |         | 3.<br>Transa<br>Code (<br>8)  |         | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4 |   |      |                                  | 4 and 5) Sec<br>Ber  |                          | ially<br>Following  | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |
|  |   |       |          |         |                                      |  |  | v       | Amount  |         | (A) or<br>(D)  | Price   | т    | ransaction(s)<br>Instr. 3 and 4) |  |                          | (mour 4)  |   |  |
| Common   | Stock   | /2019 |          |         |                                      | F  |  | 245,076 | 5(1)  | D \$4.4 |  | 42 293,647  |      | D                                |  |                          |   |   |  |
|  |   | Та    |          |         |                                      |  |  |         |   |         | sed of,<br>onvertib  |   |      |                                  | Owi  | ned                      |   |   |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                | rivative Conversion Date Execution curity or Exercise (Month/Day/Year) if any |       |          |         | 4.<br>Transaction<br>Code (Instr. 8) |  | of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   |         | 6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration |         |  | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>and 4) |      | ount                             | 8. Pric<br>Deriva<br>Securi<br>(Instr.   | ative drity S . 5) B C F | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s<br>(Instr. 4) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |

## **Explanation of Responses:**

1. Relates to a restricted stock award with a vesting date of 12/26/19. Represents shares vested but withheld for taxes as permitted by the award agreement.

## Remarks:

/s/J.Erik Norris, Attorney in

**Fact** 

\*\* Signature of Reporting Person

Date

12/30/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.