FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Ley Alice B (Last) (First) (Middle) 1050 17TH STREET						Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP] Date of Earliest Transaction (Month/Day/Year) 09/05/2014										Relationship of Reporting Person(s) to Issuer Check all applicable) Director 10% Owner X Officer (give title below) VP and Controller					vner
(Street) DENVE (City)	R CO	_	80265 (Zip)		_ 4. If	Line) X Form											Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting n				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					action	ction 2A. Deemed Execution Dat				3. 4. Sec			of, or E ities Acqu d Of (D) (I	iired	(A) or	- E	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
Common Stock 09/05.					5/2014	2014			Code F	v	(D)		Price \$34.0	((Instr. 3	ansaction(s) estr. 3 and 4)		D	(Instr. 4)		
		Т	able II -									sed of onverti				Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemd Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisal Expiration Date (Month/Day/Year			Amount of Securities Underlyin		of es ing ve Se	of s ng e Security		rice of vative urity tr. 5)	rative derivative rity Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	e ercisable		epiration ate	Title	or Nu of	umber						
Phantom Stock Units	\$0.00									(2)		(2)	Phanton Stock Units	3	,781			3,781		D	
Stock Option	\$28.43									(3)	03	/03/2021	Common	6	,061			6,061		D	

Explanation of Responses:

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on March 3, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

/s/ Abigail L. Jones, Attorney in Fact

09/09/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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