### FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Check this box if no longer subject to	S
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

## TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden 0.5 hours per response

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Richards Perry H</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 12/06/2013								X Officer (give title below) Other (specify below)  Sr VP, QEP Field Services						
(Street) DENVER CO 80265				4. 	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting							
(City)	(S	State)	(Zip)									· · · · · · ·	6: . : . 1	Person						
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					saction	ction 2A. Deemed Execution Da		d Date,	3. Transaction Code (Instr.					r 5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Transaction (Instr. 3 and	on(s)						
Common	Stock													41,189			D			
Common Stock												6,838.98		I In		Employee Investment Plan				
			Table II -								osed of			Owned						
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution I if any (Month/Day	d 4. Date, Transaction Code (Instr.			on Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5) Benefi Owned Follow Repor		ties Form: cially Direct ( d or Indir ving (I) (Inst		(D) Beneficial Ownership rect (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)					
Phantom Stock Units	\$0.00	12/06/2013			A		27.3303		(1)		(1)	Phantom Stock Units	27.3303	\$31.43	5,499.2817		5,499.2817		5,499.2817 D	
Phantom Stock Units	\$0.00								(2)		(2)	Phantom Stock Units	17,892		17,892		D			
Stock Option	\$39.07								(3)		02/25/2018	Common Stock	9,371		9,371		D			
Stock Option	\$30.9								(4)		02/13/2019	Common Stock	13,063		13,063		D			
Stock Option	\$30.12								(5)		02/13/2020	Common Stock	13,055		13,055		D			
Stock Option	\$23.98								03/05/20	12	03/05/2016	Common Stock	25,000		25,000		25,000 D			
Stock Option	\$27.55								03/05/20	13	03/05/2017	Common Stock	15,000		15,000		D			

### **Explanation of Responses:**

- 1. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- $2. \ These \ phantom \ stock \ units \ are \ associated \ with \ QEP's \ Long \ Term \ Cash \ Incentive \ Plan.$
- 3. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

# Remarks:

/s/ Abigail L. Jones, Attorney in 12/10/2013 Fact

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.