FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPROVAL

ОМВ	Number:	3235-0287
Estim	ated average	burden
hours	nor rocnonco	

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of Is Perry F	Reporting Person* $\underline{\underline{I}}$					Name an RESOL							Officer (give title				Owner
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 03/07/2012								X Officer (give title Other (specify below) Sr VP, QEP Field Services				0	
(Street) DENVE		O tate)	80265 (Zip)		_ 4. _	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(Oity)	(0			n-Deri	ivativ	tive Securities Acquired, Disposed of, or Benefic								v Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D		saction	2A. Deemed		d Date,	3. Transa Code (I	3. 4. Securitie Transaction Disposed C Code (Instr. 5)		ies Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common	Stock													35,7	19	I)	
Common	Stock													5,535.388 ⁽¹⁾ I I		Employee Investment Plan		
			Table II -							•		or Bene ble secu	-	Owned				
1. Title of Derivative Security 2. Conversion Date Execution Date (Month/Day/Year) Price of Derivative Security 3. Transaction Execution Execution Date (Month/Day/Year) (Month/Day/Year)		d 4. Date, Transacti Code (Ins		ction	5. Number of 6 tion Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5) 8. Num derivat Securit Securit Benefic Owned Following Report		ive Ownersh ties Form: cially Direct (D or Indire ting (I) (Instr.		Beneficial Ownership ct (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares			Transaction(s) (Instr. 4)		
Phantom Stock Units	\$0.00	03/07/2012			A		23.9025		(2)		(2)	Phantom Stock Units	23.9025	\$32.01	4,478.6142		142 D	
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	11,251		11,251		51 D	
Stock Option	\$39.07								(4)		02/25/2018	Common Stock	9,371		9,371		D	
Stock Option	\$30.9								(5)		02/13/2019	Common Stock	13,063		13,063		D	
Stock Option	\$9.19								08/11/20	03	02/11/2013	Common Stock	0		3,000		D	
Stock Option	\$23.98								(6)		03/05/2016	Common Stock	0		25,000		D	
Stock Option	\$27.55								(7)		03/05/2017	Common Stock	0		15,0	000	D	

Explanation of Responses:

- 1. As of March 7, 2012, I have 5,535.3880 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 4. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. This option is fully vested.
- 7. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Abigail L. Jones, Attorney in Fact

03/09/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.