FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

washington, D.C. 200

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Fiala Margo D (Last) (First) (Middle) 1050 17TH STREET SUITE 800							cker or Trad CES, IN			I		(Che	elationship of ck all applica Director	ble)	Person	10% Ov	/ner		
1050 17TH STREET				C)2/13/	/2017		saction (Mo				Officer (give title Other (specify below)							
(Street) DENVE	NVER CO 80265		80265			Line) X F									C Form file	Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(S																		
Table I - No			n-Derivative 2. Transaction Date (Month/Day/Year)		on	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4 Transaction Code (Instr.		4. Secu	Securities Acquired (A) or isposed Of (D) (Instr. 3, 4 a			5. Amount of Securities Beneficially Owned Follor	F	orm: Direct		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amoun		A) or D)	Price	Transaction (Instr. 3 and				,iii3ti. 4)	
Common	Stock			02/13/2017		17			A		11,1	90	A	\$0.00	63,224		D		
Common Stock													1,154.559		I I		imployee nvestment lan		
			Table II -						quired, E s, option						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Code (In			of E		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount or Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable		piration te	Title	Nu	nount or imber of ares					
Phantom Stock Units	\$0.00	02/13/2017			A		11,190		(1)		(1)	Phantor Stock Units	n	11,190	\$0.00	33,56	3	D	
Stock Option	\$16.98	02/13/2017			A		13,232		(2)	02/	/13/2024	Commo Stock		13,232	\$0.00	13,23	2	D	
Phantom Stock Units	\$0.00								(3)		(3)	Phantor Stock Units		551.7452		3,565.5	563	D	
Stock Option	\$39.07								03/05/2014	02/	/25/2018	Commo Stock		6,276		6,276	6	D	
Stock Option	\$10.12								(4)	02/	/16/2023	Commo Stock		14,063		14,06	3	D	
Stock Option	\$21.69								(5)	02/	/12/2022	Commo Stock		15,584		15,58	4	D	
Stock Option	\$31.74								(6)	02/	/13/2021	Commo Stock		8,629		8,629	9	D	
Stock Option	\$30.12								03/05/2016	02/	/13/2020	Commo Stock		9,792		9,792	2	D	
Stock Option	\$30.9								03/05/2015	02/	/13/2019	Commo		8,709		8,709	9	D	

Explanation of Responses:

- 1. These phantom units are associated with QEP's Cash Incentive Plan.
- 2. The option vests in three annual installments beginning on March 5, 2018, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement
- 3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 4. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

/s/Dane E. Allen, Attorney in

02/15/2017

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.