FORM 4

Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to	STATEMENT OF CHAN

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Murr Austin S.					2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director V Officer (give title below) Director Other (specify below)							
(Last) 1050 17' SUITE 8	TH STREE	(First) (Middle) STREET				e of Ear /2016	liest Trans			below)	Ser	nior VP)						
(Street) DENVE	Street) DENVER CO 80265				4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)																				
			Table I - Non			_		-	Dis				_							
1. Title of Security (Instr. 3)			I	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,		str. 3, 4 and	5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									V	Amount	(A) ((D)	Price		Transaction((Instr. 3 and	s) 4)					
Common	Stock					_								103,72		I)			
Common	Stock							\perp				_		1,000)			IRA		
Common Stock													3,203.636		:	I		Employee Investment Plan		
			Table II - I					quired, Di s, option					/ Ov	ned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		Derivative I		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Securities Underly Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Num derivat Securit Benefic Owned Follow Report	ive ties cially l ing ed	10. Owners Form: Direct (I or Indire (I) (Instr	nip o E o) C ct (i	1. Nature of Indirect Beneficial Ownership Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount of Number of Shares			(Instr.	ction(s) 4)				
Phantom Stock Units	\$0.00	02/22/2016		A		487 ⁽¹⁾		(2)		(2)	Phantom Stock Units	487		\$0.00	41,	1,766 D				
Phantom Stock Units	\$0.00	02/22/2016		M			6,574 ⁽³⁾	(2)		(2)	Phantom Stock Units	6,57	4	\$0.00	35,	35,192		D		
Phantom Stock Units	\$0.00							(4)		(4)	Phantom Stock Units	2,667.1	253		2,667.1253		D			
Stock Option	\$23.98							03/05/2012	2 0	3/05/2016	Common Stock	25,00	00		25,	5,000 D				
Stock Option	\$27.55							03/05/2013	0	3/05/2017	Common Stock	12,00	00		12,	.2,000 D				
Stock Option	\$39.07							03/05/2014	0	2/25/2018	Common Stock	7,53	1		7,	7,531 D				
Stock Option	\$30.9							03/05/2015	0	2/13/2019	Common Stock	11,43	80		11,	.,430 D				
Stock Option	\$30.12							(5)	0	2/13/2020	Common Stock	11,96	57		11,	11,967 D		\top		
Stock Option	\$31.74							(6)	0	2/13/2021	Common Stock	9,99	1		9,9	991	D			
Stock Option	\$21.69							(7)	0	2/12/2022	Common Stock	19,68	86		19,	686	D			
Stock	\$10.12							(8)	0	2/16/2023	Common	17,76	54		17,	,764	D			

Explanation of Responses:

- 1. Represents the above-target earned portion of the phantom stock units (PSUs). In 2013, QEP granted 6,087 PSUs, which amount was equal to the cash amount to be received if target performance was achieved. Payout was made at 108 percent.
- 2. These PSUs are associated with QEP's Long Term Cash Incentive Plan for the performance period ended December 31, 2015.
- 3. In accordance with QEP's Cash Incentive Plan, the total represents PSUs on which payout was made in cash at 108 percent of target, including target PSUs granted in 2013 and above-target PSUs earned based on performance.
- 4. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 5. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

8. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

/s/ Dane E. Allen, Attorney in Fact 02/24/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.