SEC	Form	4
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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL

OMB Number:	3235-0287						
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						or Sec	ction 30(n)	of the	Investme		mpany Act	of 1940							
1. Name and Address of Reporting Person* $\underline{Richards Perry H}$							er Name an RESOU						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) 1050 17	(Last) (First) (Middle) 1050 17TH STREET, SUITE 500					of Earliest 2012	Trans	saction (M	onth/	Day/Year)		X Officer (give title Other (specify below) below) Sr VP, QEP Field Services							
(Street) DENVE				4.	If Am	iendment, I	Date c	of Original	Filed	(Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(City)	(S	(State) (Zip)											Person						
		Та	ble I - No	on-Der	rivati	ve S	ecuritie	s Ac	quired,	, Dis	posed o	of, or Be	neficia	lly Owned					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)			ar) 2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction C Code (Instr. 5		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a 5)			Beneficiall Owned Fol	y	6. Own Form: I (D) or I (I) (Inst	Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transactio	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock													35,7	19	1	D			
Common Stock													5,563.1	5,563.1423(1)		I En Pl			
			Table II ·						,		osed of, converti			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date, Transac Code (Ir				re es I (A) sed str.	6. Date Exercisable a Expiration Date (Month/Day/Year)		e	e and 7. Title and An of Securities Underlying Derivative Sec (Instr. 3 and 4)		Derivative Security	9. Num derivati Securit Benefic Owned Followi Report	ive ies cially ng ed	10. Ownersh Form: Direct (D or Indire (I) (Instr.	Benefici) Owners ct (Instr. 4)	ect ial hip
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shar		Transaction(s) (Instr. 4)				
Phantom Stock Units	\$0.00	06/07/2012			A		30.9931		(2)		(2)	Phantom Stock Units	30.993	\$26.43	\$26.43 4,738.269		3.269 D		
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	11,25	1	11,251		51 D		
Stock Option	\$39.07								(4)		02/25/2018	Common Stock	9,3 7	L	9,371		D		
Stock Option	\$30.9								(5)		02/13/2019	Common Stock	13,06	3	13,06		D		
Stock Option	\$9.19								08/11/20	03	02/11/2013	Common Stock	0		3,000		D		
Stock Option	\$23.98								03/05/20	12	03/05/2016	Common Stock	0		25,000		D		_
Stock Option	\$27.55								(6)		03/05/2017	Common Stock	0		15		D		

Explanation of Responses:

1. As of June 7, 2012, I have 5,563.1423 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.

Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.

4. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

<u>Abigail L. Jones, Attorney in</u> <u>Fact</u>

** Signature of Reporting Person Date

06/08/2012

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.