## SEC Form 4

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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Mashimter D.O. 00540

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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1. Name and Addr <u> RATTIE KE</u>	ess of Reporting Perso ITH O	n*	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>QEP RESOURCES, INC.</u> [ QEP ]		tionship of Reporting Person(s) to Issuer all applicable) Director 10% Owner		
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/01/2011		Officer (give title below)	Other (specify below)	
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable			
(Street) DENVER	СО	80265		Line) X	Form filed by One Report Form filed by More than C	0	
(City)	(State)	(Zip)			Person		

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)
Common Stock	11/01/2011		М		20,000	A	\$7.78	358,692	D	
Common Stock	11/01/2011		S		20,000 <sup>(1)</sup>	D	\$34.0506	338,692	D	
Common Stock	11/02/2011		М		20,000	A	\$7.78	358,692	D	
Common Stock	11/02/2011		S		20,000 <sup>(1)</sup>	D	\$35.522	338,692	D	
Common Stock	11/03/2011		М		20,000	A	\$7.78	358,692	D	
Common Stock	11/03/2011		S		10,000(1)	D	\$36.3296	348,692	D	
Common Stock	11/03/2011		S		10,000(1)	D	\$36.3743	338,692	D	
Common Stock								2,542	I	IRA

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	\$7.78	11/01/2011		М			20,000	08/11/2002	02/11/2012	Common Stock	20,000	\$7.78	251,286	D	
Stock Option	\$7.78	11/02/2011		М			20,000	08/11/2002	02/11/2012	Common Stock	20,000	\$7.78	231,286	D	
Stock Option	\$7.78	11/03/2011		м			20,000	08/11/2002	02/11/2012	Common Stock	20,000	\$7.78	211,286	D	
Restricted Stock Unit	\$0.00							(2)	(2)	Common Stock	94.2559		34,213.2559	D	
Stock Option	\$9.19							08/11/2003	02/11/2013	Common Stock	300,000		300,000	D	
Stock Option	\$23.98							06/30/2010	03/05/2016	Common Stock	147,174		147,174	D	
Stock Option	\$27.84							06/30/2010	02/13/2015	Common Stock	80,000		80,000	D	
Stock Option	\$36.48							06/30/2010	02/12/2016	Common Stock	30,000		30,000	D	
Stock Option	\$26.14							06/30/2010	10/24/2012	Common Stock	200,000		200,000	D	
Stock Option	\$27.55							06/30/2010	03/05/2017	Common Stock	125,000		125,000	D	

Explanation of Responses:

1. My disposition of these shares was pursuant to a 10b5-1 plan. The shares were acquired by the exercise of an option that that would have expired in February 2012.

2. The restricted stock units vest in three equal annual installments which began on July 1, 2011, subject to accelerated vesting upon the occurence of certain events as set forth in the award agreement. **Remarks:** 

Abigail L. Jones, Attorney in 11/03/2011

\*\* Signature of Reporting Person Date

Fact

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.