FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FLURY L RICHARD					2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
														Directo			10% O			
(Last)	`	rst) Γ, SUITE 500	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 09/06/2013										Officer below)	(give title		Other (below)	specify	
1000 17		1, 00112 000			4 1	f Ame	ndment [Date o	f Original	Filed	(Month/Da	v/Year)	6	Indi	vidual or .	loint/Groun	Filing	(Check Ap	nlicable	
(Street)					_	. ,			· Original		(.y/ . ou. /		.ine)		•			.	
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-					-										Persor		e mar	n One Repo	rung	
(City)	(S	tate)	(Zip)																	
		Tab	le I - Nor	n-Deriv	vative	e Se	curities	Acc	quired,	Dis	posed o	f, or Be	nefici	ally	Owned					
Date			Date	nsaction h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securit Benefic Owned		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	nt (A) or (D)		e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock													23,511.5			D				
		٦	Γable II -								osed of, onvertil				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	Code (I				6. Date Ex Expiration (Month/Da	Date	Amount of		of s ng e Securi	S (1	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly D	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amour or Number of Shares	er						
Phantom Stock Units	\$0.00	09/06/2013			A		35.745		(1)		(1)	Phantom Stock Units	35.74	.5	\$28.27	50,525.9)28	D		

Explanation of Responses:

1. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.

Remarks:

/s/ Abigail L. Jones, Attorney in Fact

09/09/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.