# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Jones Abigail L						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [ QEP ]										elationship of eck all applica Director	able)	g Perso	10% Ov	vner	
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 02/13/2012										X Officer (give title below) Other (specification)  VP-Comp/Corp Sec/AGC					
(Street) DENVE	VER CO 80265  (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)  ative Securities Acquired, Disposed of, or Benefic										Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
1. Title of Security (Instr. 3)  2. Trans Date (Month/I					actio	on	2A. De Execui if any (Month	I 3. Date, Tr	3. Transaction Code (Instr.		4. Sec	ecurities Acquired (A) or posed Of (D) (Instr. 3, 4 and			5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									C	ode	v	Amou	ınt	(A) or (D)	Price	Transaction (Instr. 3 and				(Instr. 4)	
Common Stock 02/13						3/2012				A		2,4	428	A	\$30.9	25,69	25,690.282		D		
Common Stock 02/13						/2012				F		23	35 <sup>(1)</sup>	D	\$30.9	25,455.282			D		
			Table II -						cquire nts, op							Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Co	insac de (li	ction nstr.	5. Number of		6. Date Exercisable Expiration Date (Month/Day/Year)		Securit Derivat		e and Amount of ities Underlying ative Security 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
				Co	de	v	(A)	(D)	Date Exercisa	able	Expi Date	ration	Title		ount or nber of ires						
Phantom Stock Units	\$0.00	02/13/2012		A	\		2,428		(2)		(	(2)	Phanton Stock Units		2,428	\$30.9	4,26	3	D		
Stock Option	\$30.9	02/13/2012		A	1		4,899		(3)		02/13	3/2019	Commo		4,899	\$30.9	4,89	9	D		
Phantom Stock Units	\$0.00								(4)		(	4)	Phanton Stock Units	n 1,5	05.2258		2,717.5	5633	D		
Stock Option	\$39.07								(5)		02/25	5/2018	Commo		3,598		3,59	8	D		
Stock Option	\$27.55								(6)		03/05	5/2017	Commo Stock		0		4,80	0	D		
Stock	\$23.98		Ì		一				(7)		03/05	5/2016	Commo	n	0	ĺ	9.00	ın	D	İ	

#### **Explanation of Responses:**

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 5. The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments which began on March 5, 2010, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

# Remarks:

Abigail L. Jones 02/15/2012

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.