## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

wasnington, D.C. 2054s

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		Reporting Person*							ker or Tra					Check a	ll applica		ng Perso	on(s) to Is	
Doleshek Richard J					QEP RESOURCES, INC. [ QEP ]								Officer (give title				10% Owner		
(Last) 1050 17	(Last) (First) (Middle) 1050 17TH STREET, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 02/13/2013								X Officer (give title Other (specify below) below)  EVP, CFO & TR					
(Street) DENVE	R C						e Repoi												
(City)	(S	State)	(Zip)												Person				
1 Title of	Socurity (Inc		able I - No		rivati		ecuriti		cquired	, Dis		of, or B			wned	of	6. Own	ershin	7. Nature of
1. Title of Security (Instr. 3)				Date (Month/Day/Y		Executi		n Date,	Transa Code (	Transaction Dispos		ed Of (D) (Instr. 3, 4 and 5)		15) Se Be Ov	Securities Beneficially Owned Followi Reported		Form: D (D) or Ir		Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) o (D)	r Price	Tra	ansaction str. 3 and				(11341.4)
Common	Stock			02/1	13/201	13			A		24,90	)1 A	\$30.	12	165,673			D	
Common	Stock														948.3864(1)			Employee I Investment Plan	
			Table II									f, or Bei			ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code ( 8)		5. Numl of Derivat Securit Acquire (A) or Dispose of (D) (I 3, 4 and	ive ies ed ed lnstr.	Expiration	te Exercisable and ation Date th/Day/Year)  7. Title and Amc Securities Unde Derivative Secu (Instr. 3 and 4)		Underlying Security	ig De Se	Price of erivative ecurity str. 5)			10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)		Date Exercisab		xpiration ate	Title	Amount Number Shares						
Phantom Stock Units	\$0.00	02/13/2013			A		24,901		(2)		(2)	Phantom Stock Units	24,90	1 \$	\$30.12	62,2	62,260		
Stock Option	\$30.12	02/13/2013			A		48,956		(3)	02	2/13/2020	Common Stock	48,95	6 \$	\$30.12	48,9	956	D	
Phantom Stock Units	\$0.00								(4)		(4)	Phantom Stock Units	7,071.5	503		7,071.503		D	
Stock Option	\$39.07								(5)	0	2/25/2018	Common Stock	30,95	8		30,9	0,958 D		
Stock Option	\$30.9								(6)	02	2/13/2019	Common Stock	43,54	2		43,5	43,542		
Stock Option	\$22.95								05/07/201	2 0	5/07/2016	Common Stock	100,00	00		100,	000	D	
Stock Option	\$27.55								(7)	03	3/05/2017	Common Stock	30,00	0		30,0	000	D	

#### **Explanation of Responses:**

- 1. As of February 15, 2013 I have 948.3864 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- 2. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 3. The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 4. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- 5. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 7. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

# Remarks:

Abigail L. Jones, Attorney in

02/19/2013

<u>Fact</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.