SEC 1	Form 4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

5. Relationship of Reporting Person(s) to Issuer

	OMB Number:	3235-0287					
Estimated average burden							
	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

1. Name and Address of Reporting Person [*] Fiala Margo D						2. Issuer Name and Ticker or Trading Symbol <u>QEP RESOURCES, INC.</u> [QEP]										eck all applic Directo	able)		10% O	n(s) to Issuer 10% Owner Other (specify	
(Last) 1050 17	,	irst) F, SUITE 500	(Middle)				of Earli 2012	est Tra	ansad	ction (M	Ionth	/Day/Year		below)	(give title	VP					
(Street) DENVE		O tate)	80265 (Zip)	4.	If An	nendmer	nt, Dat	te of (Original	l File	d (Month/	Line	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 								
		Tal	ole I - No	on-Deri	vativ	ve S	ecurit	ies A	Acq	uired,	, Dis	sposed	of, o	r Be	neficially	y Owned					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)			Execution Date,			3. Transac Code (Ir 8)		4. Secur Dispose			d (A) or r. 3, 4 and 5)	5. Amount Securities Beneficial Owned Fo	у	6. Own Form: (D) or I (I) (Inst	Direct II Indirect E tr. 4) C	. Nature of ndirect eeneficial ownership		
										Code	v	Amount		A) or D)	Price	 Reported Transactio (Instr. 3 an 				nstr. 4)	
Common	Common Stock 00			03/05	/05/2012					F		332(1)	D	\$32.22	13,4	21	1	D		
Common Stock														295.5608 ⁽²⁾		I Ir		Employee nvestment Plan			
			Table II												eficially urities)	Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code (8)		of Deriv Secu Acqu (A) o Dispo of (D	r osed) r. 3, 4	Exp	Date Exe piration onth/Day	Date		Securi Deriva	7. Title and Amoun Securities Underly Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followir Reporte Transac (Instr. 4)	ive ies cially ing ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownershi (Instr. 4)	
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	L	Amount or Number of Shares						
Phantom Stock Units	\$0.00									(3)		(3)	Phanto Stock Unit	k 🛛	264.2825		264.2	2825	D		
Phantom Stock	\$0.00									(4)	Τ	(4)	Phanto		7,515		7,5	15	D		

Option

\$30.9

\$39.07

Explanation of Responses:

1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.

2. As of March 5, 2012, I have 295.5608 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.

3. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.

(5)

(6)

02/13/2019

02/25/2018

Units

Commor

Stock

Commor

Stock

4. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.

5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

6. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Units

Stock

Option

Stock



8,709

6,276

8,709

6.276

D

D

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.