FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Jones Abigail L						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify					
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 06/07/2012									below)	-Comp/C	orp S	below)	вреспу	
(Street) DENVER CO 80265 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indivine)	·					
(City)	(5			. Davis		- 6-		- ^ -				f av Da		- 11 4	O					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						n	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transac Code (II 8)	3. Transaction Code (Instr. 8)		4. Securities Acquire Disposed Of (D) (Inst 5)		nd	5. Amour Securitie Beneficia Owned F Reported	mount of 6 urities F eficially (ned Following (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										٧	Amount	(A) 0	Price	e	(Instr. 3 a	nd 4)				
Common Stock															24,33	5.282	D			
		-	Table II - I						uired, Di s, options						wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisa Expiration Date (Month/Day/Year		ble and 7. Title ar of Securi		nd Amount ties I		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		kpiration ate	Title	Amour or Numbe of Shares	er						
Phantom Stock Units	\$0.00	06/07/2012			A		2.1036		(1)		(1)	Phantom Stock Units	2.103	6	\$26.43	2,721.402	27 ⁽²⁾	D		
Phantom Stock Units	\$0.00								(3)		(3)	Phantom Stock Units	4,263	3		4,263		D		
Stock Option	\$39.07								(4)	02	2/25/2018	Common Stock	3,598	3		3,598		D		
Stock Option	\$30.9								(5)	02	2/13/2019	Common Stock	4,899	9		4,899		D		
Stock Option	\$27.55								(6)	03	3/05/2017	Common Stock	0			4,800		D		
Stock	\$23.98								03/05/2012	03	3/05/2016	Common	0			9,000		D		

- 1. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible
- 2. This number reflects an adjustment to the total number of phantom shares. This adjustment was made to correct an error in the method by which these totals are calculated.
- 3. These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- 4. The option vests in three annual installments which began on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2013, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Option

Abigail L. Jones

Stock

06/08/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.