FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPR	OVAL						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								- ()													
1. Name and Address of Reporting Person* <u>Doleshek Richard J</u>						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle) 1050 17TH STREET SUITE 800							of Ear /2016	liest Tra	ansacti	ion (M	onth/	Day/Yea		x below)	EVP, CFO						
(Street) DENVER CO 80265					4	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group F Line) X Form filed by One F Form filed by More										e Repor	, , ,				
(City) (State)			(Zip)													Person					
		Ta	ıble I - No	on-De	rivati	ive S	ecur	ities /	Acqu	ıired,	, Dis	sposed	d of, o	Bene	ficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		e, Ti C	Transaction Dis			curities Acquired (A) or osed Of (D) (Instr. 3, 4 a			Beneficiall Owned Fo	y	6. Own Form: I (D) or II (I) (Inst	Direct Indirect Indir	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										ode	v	Amount		A) or D)	Price	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 03/07/)7/201	2016				F		13,24	45 ⁽¹⁾ D		\$10.39	278,701		D			
Common Stock																2,988.966			I 1	Employee investment Plan	
			Table II									osed conve				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, Trans Code			n of Ex		Expira	Date Exercisable and xpiration Date Month/Day/Year)			7. Title and Amoun Securities Underlyi Derivative Security (Instr. 3 and 4)		rlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date		Title		unt or ber of es						
Phantom Stock Units	\$0.00						(2	2)		(2)	Phantor Stock Units	7,14	17.0385	5	7,147.0	0385	D				
Phantom Stock Units	\$0.00								(3	3)		(3)	Phantor Stock Units		8,206		178,206		D		
Stock Option	\$39.07								03/05	5/2014	02/	25/2018	Commo Stock	n 30),958		30,9	58 D			
Stock Option	\$30.9								03/05	5/2015	02/	13/2019	Commo Stock	n 43	3,542		43,542		D		
Stock Option	\$30.12							Ш	03/05	5/2016	02/	13/2020	Commo Stock	ⁿ 4	3,956		48,9	,956 D			
Stock Option	\$31.74							Ш	(4	4)	02/	13/2021	Commo Stock	ⁿ 4	2,871		42,8	71	D		
Stock Option	\$21.69								(5	5)	02/	12/2022	Commo Stock	6	1,943	<u> </u>	61,9	43	D		
Stock Option	\$10.12								(6	6)	02/	16/2023	Commo Stock	ⁿ 69	9,869	<u> </u>	69,8	69	D		
Stock Option	\$22.95							Ш	05/07	7/2012	05/	07/2016	Commo Stock	n 10	0,000	1	100,0	000 D			
Stock	\$27.55							ıl	03/05	5/2013	03/	05/2017	Commo	n 30	0,000		30,0	00	D		

Explanation of Responses:

- 1. I received a distribution of formerly restricted shares of stock and made an advance election to satisfy my tax payment obligations by withholding shares.
- 2. Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.

Stock

- 3. These phantom stock units are associated with QEP's Cash Incentive Plan.
- 4. The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 5. The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- 6. The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Remarks:

Option

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.