FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WHITHAM BARTH E				2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
				= =		<u>tLoo</u> c	7110	<u> </u>	<u></u> [QLI J			X	Directo	r		10% Ov	vner		
(Last) 1050 177	(Fi	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021								Officer below)	(give title		Other (s below)	specify			
SUITE 800						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street) DENVER CO 80265					varietisment, bute of original Filed (Month budy Teal)								Line)							
(City)	(St	ate)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Execution Date,		Code (Ir	Transaction Disposed Of (D) (Instr. 3, 4) Code (Instr. 5)					s ally ollowing	Form (D) or	orm: Direct D) or Indirect) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	(A) o (D)	r Pı	rice	Transact (Instr. 3 a	ion(s)			(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		ate, T	Transaction of Code (Instr. Section Acq (A) (Code of (Instr. Section Acq (Instr. Section (Instruction Acq (I		of Derivati Securiti Acquire (A) or Dispose of (D) (li	of Derivative Securities Acquired		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
				c	ode	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amo or Num of Shai	nber						
Phantom Stock Units	\$0.00	03/01/2021			A		11,987		(1)		(1)	Common Stock	11,9	987	\$3.65	113,890.	.83	D		

Explanation of Responses:

1. Phantom stock units will be payable in cash or shares on the date of, or at a designated anniversary date following, the first to occur of the reporting person's, (i) distribution election date which is not earlier than two years from the plan year, (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Plan for Directors.

Remarks:

/s/ J. Erik Norris, Attorney-in-

Fact

03/02/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.