FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20549	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235		

- 1						
	OMB Number:	3235-0287				
	Estimated average burde	en				
	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					- 01	occii	511 50(11) 0	JI LIIC	invesiment (Comp	July Act	01 1340						
1. Name and Address of Reporting Person* Minarovic Michael J				2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
MIIIIdIO	VIC WITCH	<u>del J</u>			-						• ,			X Dire	ctor		10% Ov	ner
(Last) (First) (Middle) 1050 17TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 03/02/2020									Offic belo	er (give title v)	•	Other (s below)	pecify
SUITE 8	000				4. If	f Ame	ndment, [Date o	of Original Fi	led (N	Month/Da	ay/Year)		Individual one)	r Joint/Grou	ıp Filin	g (Check App	olicable
(Street)													-	,	i filed by Or	ne Rep	orting Persor	n
DENVE	R C	O	80265											Forr Pers		ore tha	n One Repor	ting
(City)	(S	tate)	(Zip)															
		Tab	le I - Noi	า-Deriva	ative	e Se	curities	Ac	quired, D	ispo	osed o	f, or Be	neficia	lly Own	d			
Date			2. Transa Date (Month/Da		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. 5)			d Securi Benefi Owned	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect I istr. 4) (7. Nature of Indirect Beneficial Ownership			
									Code V	, ,	Amount	(A) or (D)	Price		ed ction(s) 3 and 4)			instr. 4)
		7							uired, Dis , options					y Owned		,	,	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		re es ally g d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				C	ode	v	(A)	(D)	Date Exercisable		piration te	Title	Amount or Number of Shares					
Phantom Stock	\$0.00	03/02/2020			A		80,646		(1)	T	(1)	Phantom Stock	80,646	\$2.17	136,488	3.131	D	

Explanation of Responses:

1. Phantom stock units will be payable in cash or shares on the date of, or at a designated anniversary date following, the first to occur of the reporting person's, (i) distribution election date which is not earlier than two years from the plan year, (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Plan for Directors.

Remarks:

Units

/s/ J. Erik Norris, Attorney in 03/04/2020 Fact

** Signature of Reporting Person Date

Units

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.