FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vvasnington, D.C. 203

nington,	D.C.	20549	
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
abligations may continue Coo

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-028								
Estimated average burden								
hours por rosponso:	0.5							

						or Sec	ction 30(r	n) or t	ne i	nvestme	nt Co	ompany A	ACT OF 19	40						
1. Name and Address of Reporting Person* Neese Jay B						2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]									(Che	elationship of ck all applica Director	ble)	Ü	10% (
(Last) (First) (Middle) C/O QEP RESOURCES, INC. 1050 17TH STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 07/01/2010										below)		below Vice President		
(Street) DENVE		O State)	80265 (Zip)		_	Line) X Form filed								ed by On	t/Group Filing (Check Applicable by One Reporting Person by More than One Reporting					
		T	able I - No	on-Der	rivat	ive S	ecuriti	ies A	٩cc	quired,	Dis	sposed	l of, o	r Bei	neficially	Owned				
1. Title of Security (Instr. 3)		Date	Transaction te onth/Day/Year)		2A. Deemed Execution Date if any (Month/Day/Yea		1	Transaction Dispose Code (Instr.		rities Acquired (A) or ed Of (D) (Instr. 3, 4 ar			5. Amount of Securities Beneficially Following Reported		6. Owner Form: D (D) or Ir (I) (Insti	Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										Code	v	Amount	:	(A) or (D)	Price	Transaction (Instr. 3 and				(instr. 4)
Common	Stock, \$0.0)1 par value ⁽¹⁾		07/0	1/20	10				A		51,55	51 ⁽²⁾	A	\$0 106,093 ⁽³⁾ D					
Common	Stock, \$0.0)1 par value														28,595.1303 ⁽⁴⁾ I Inv			Employee Investment Plan	
			Table II									osed o			eficially C ırities)	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	ate, T	4. Transa Code (3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Dat (Month/Day/Ye		Date		7. Title and Amount Securities Underlyi Derivative Security (Instr. 3 and 4)		nderlying ecurity	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned Followir Reporte Transac (Instr. 4)	ive ies cially ng ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				C	Code		(A)	(D)	Da:	te ercisable		cpiration ate	Title	N	mount or lumber of hares					
Phantom Stock Units ⁽⁵⁾	\$0									(6)		(6)	Phanto Stock Units	9 ء	,187.7378		9,187	7.7378	D	
Stock Option ⁽⁷⁾	\$9.186	07/01/2010			J		17,910		08	3/11/2003	02	2/11/2013	Comm Stock		17,910	\$0	17,9	910	D	
Stock	\$23.977	07/01/2010			J		30,000			(8)	03	3/05/2017	Comm		30,000	\$0	30,0	000	D	

Explanation of Responses:

Option⁽⁷⁾

\$27,549

- 1. On June 30, 2010 (the "Distribution Date"), Questar Corporation ("Questar") consummated the spin-off of its wholly owned subsidiary, QEP Resources, Inc. ("QEP"), by distributing all of the shares of QEP that it owned to Questar shareholders of record as of the close of business on June 18, 2010 (the "Record Date"). The distribution was made to the Questar shareholders on a pro rata basis by means of a share dividend pursuant to which each shareholder received 1 share of QEP common stock for every 1 share of Questar common stock held by such shareholder. Each holder as of the Record Date of Questar restricted stock that remained outstanding immediately prior to the Distribution Date also participated in the dividend, and received 1 share of QEP restricted stock for every 1 share of Questar restricted stock held by such holder.
- 2. Includes 17,059 shares of restricted stock granted upon consummation of the spin-off, and 34,492 shares of restricted stock granted as a result of the conversion of certain cash awards granted to the reporting person under the Questar Long-Term Cash Incentive Plan to shares of QEP restricted stock in accordance with that certain Employee Matters Agreement dated June 14, 2010 between Questar and QEP (the "Employee Matters Agreement").
- 3. Includes 32,126 shares of common stock and 22,416 shares of restricted stock acquired as a result of the share dividend described in footnote (1) above.
- 4. Acquired as a result of the share dividend described in footnote (1) above.

07/01/2010

- 5. In connection with the spin-off, each holder as of the Record Date of Questar phantom stock units that remained outstanding immediately prior to the Distribution Date received 1 share of QEP phantom stock unit for every 1 share of Questar phantom stock unit held by such holder. Each QEP phantom stock unit has the same vesting schedule as in effect for the corresponding Questar phantom stock unit.
- 6. Vested shares of phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.
- 7. These options were originally granted to the reporting person by Questar. In connection with the spin-off, these options were split into options to acquire Questar common stock and QEP common stock in accordance with the Employee Matters Agreement
- 8. The option vests in three annual installments beginning on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

80,000

9. The option vests in three annual installments which began on March 5, 2010.

/ Abigail L. Jones, Attorney-

80,000

Common

Stock

03/05/2016

07/06/2010

80,000

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.